

Monday 7th May 2018

LUNCH

- **Soup**
- **Vegan Sausages**
Roasted Red Onion & Mushroom Gravy
- **Mediterranean Roast Vegetables (v)**
Lime Dressing
- **Grilled Fish**
Sauce Vierge
- **Newmarket Sausages**
Wholegrain Mustard Sauce
- Jacket Potatoes with Various Fillings

Mashed Potatoes Peas Sugar Snap Peas
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DINNER

- **Soup**
- **Baked Sesame Cauliflower (Vegan)**
Paprika Ketchup
- **Vegetable Burgers (v)**
Brioche Bun, Choice of Sauces
- **Grilled Fish**
Sauce Vierge
- **Cheese Burgers, Brioche Bun**
Brioche Bun, Choice of Sauces
- Jacket Potatoes with Various Fillings

Chips Tossed Salad Sweet Corn

Tuesday 8th May 2018

LUNCH

- **Soup**
- **Lentil Ragu (Vegan)**
- **Mushrooms Escalope (V)**
Stuffed with Garlic & Cheese Sauce
- **Baked Fillet Trout**
Almond Butter
- **Poached Chicken Breast (Halal)**
Mushroom & Herb Cream Sauce
- **Jacket Potatoes with Various Fillings**

Roast New Potatoes Vegetables Broccoli
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Wednesday 9th May 2018

LUNCH

- **Soup**
- **Mixed Vegetable Risotto (Vegan)**
Vegan Parmesan
- **Glamorgan Sausages (v)**
Gravy
- **Poached Salmon**
Spinach & Basil Pesto
- **Roast Lamb (Halal)**
Gravy
- Jacket Potatoes with Various Fillings

Roast Potatoes Savoy Cabbage Cauliflower
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DINNER

- **Soup**
- **Roasted Sweet Potatoes, Rosemary, Pine Nuts (vegan)**
Whole Wheat Pasta
- **Quorn Grills (v)**
Chimichurri Sauce
- **Grilled Fish**
Lemon, Capers & Parsley
- **Grilled Lamb Chops (Halal)**
Chimichurri Sauce
- Jacket Potatoes with Various Fillings

New Potatoes Mixed Vegetable Cabbage
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Thursday 10th May 2018

LUNCH

- **Soup**
- **Giant Cous- cous (Vegan)**
Roasted Peppers, Courgettes & Herbs
- **Vegetable Curry (v)**
Poppadum's, Pickles and Chutneys
- **Green Thai Fish Curry**
Pak Choi & Peas
- **Chicken Jalfrezi (Halal)**
Poppadum's, Pickles and Chutneys
- Jacket Potato with a Choice of Fillings

Braised Rice
Vegetable Samosas
Peas

DINNER

- **Soup**
- **Lentil and Chick Pea Ragout (Vegan)**
- **Vegetable Curry**
Poppadum and Selection of Sauces
- **Steamed Fish**
Red Thai Sauce
- **Beef Rendang**
Poppadum's and Selection of Sauces
- Jacket Potatoes with Various Fillings

Steamed Rice
Bombay Potatoes
Peas

Friday 11th May 2018

LUNCH

- **Soup**
- **Puy Lentil Bolognaise (Vegan)**
- **Roast Vegetables & Halloumi (V)**
Basil Pesto
- **Beer Battered Haddock**
Tartar Sauce & Lemon
- **Baked Southern Spiced Chicken Legs (Halal)**
Tarragon Gravy
- **Jacket Potatoes with Various Fillings**

Fresh Chips Peas Tossed Salad

DINNER

(see next page for the 'Build Your Own' evening)

Friday 11th May 2018

Build Your Own Dinner

1. Select your bun

Pick your Filling

Homemade Falafel (vegan)

Spicy Bean Burgers (v)

Fish Goujons

Minute Steak

2. Pick two side dishes

Mixed Salad

Mini Mac Cheese (v)

Cajun Spiced Green Beans (v)

Chicken Wings (Halal)

Sweet Potato Fries (v)

3. Pick a Dessert

Chocolate Brownie (v)

Ice Cream Pot (v)

Vegan Carmel Brownie

4. Add a drink

Bottle of Lager + Meal £7.65

Glass of wine + Meal £7.65

Soft Drink + Meal £6.35

Sunday 13th May 2018

LUNCH & DINNER

- **Soup**
- **Lentil Cottage Pie, Spiced Vegetable Mash (Vegan)**
- **Mushroom and Brie Parcel (v)**
Mushroom Cream Sauce
- **Poached Salmon**
Herb Butter
- **Roast Chicken (Halal)**
Gravy
- **Jacket Potatoes with Various Fillings**

Roast Potatoes Carrots Buttered Cabbage
